



Maternal Mortality Prevention and IPV

"Prevention and Support"

October 10th, 2022

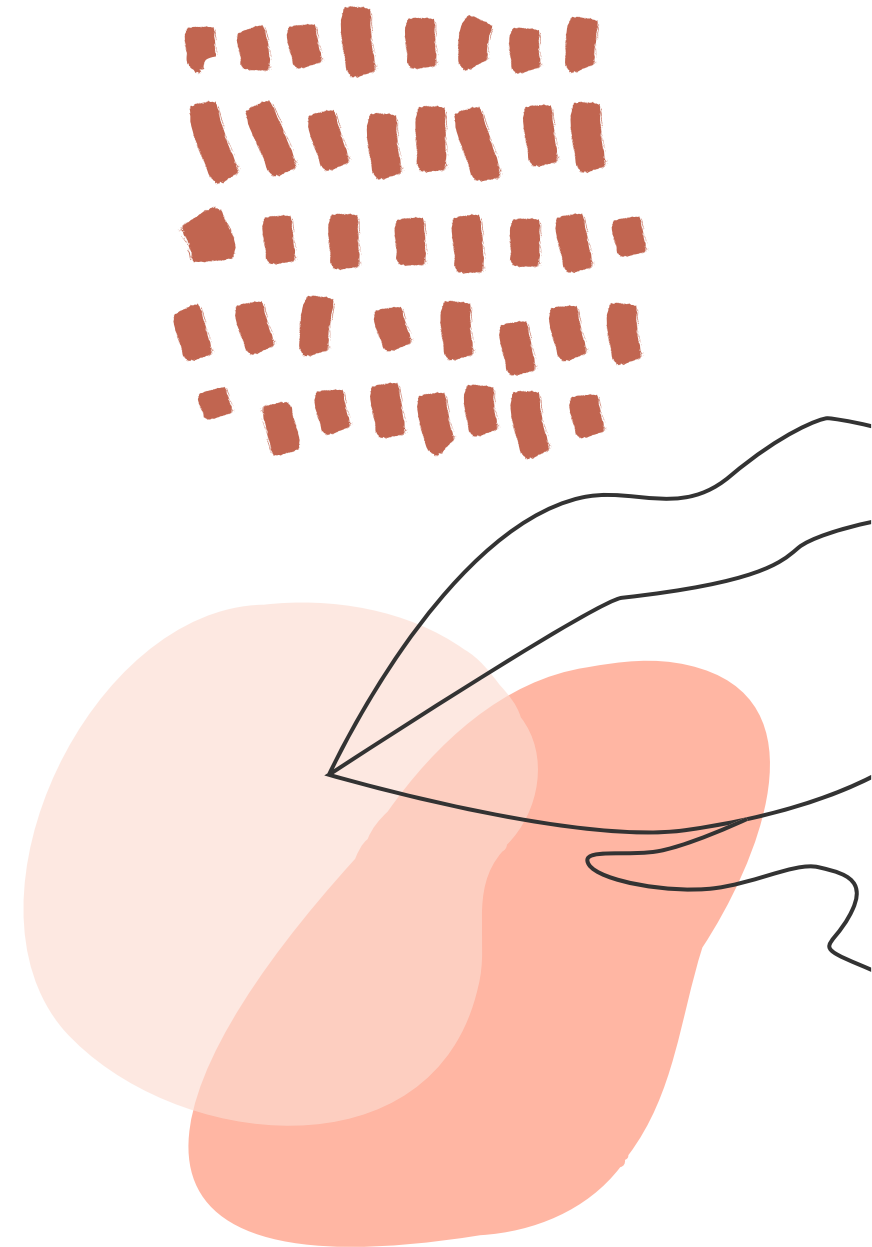
Introduction

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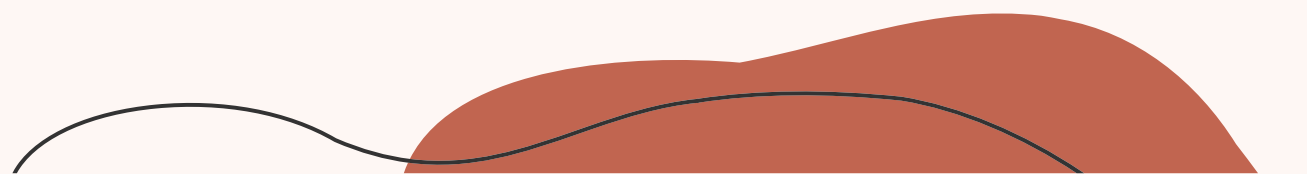
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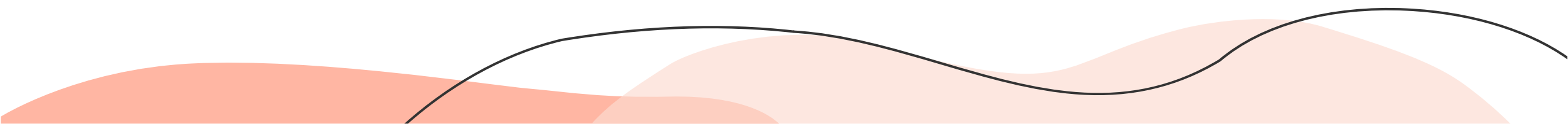


Overview

Intimate Partner Violence (IPV) during pregnancy is a serious public health issue with significant negative health consequences for women and children. The effects of intimate partner violence on maternal outcomes are multifaceted and largely preventable.



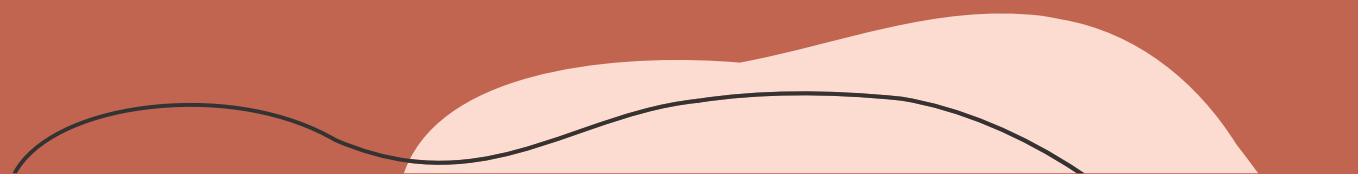
Research

- More than one in three women in the United States have experienced rape, physical violence, or stalking by an intimate partner in their lifetime.
 - 4.8 million incidents of physical or sexual assault are reported annually.
 - However, the true prevalence of IPV is unknown because many victims are afraid to disclose their personal experiences of violence.
 - Between 3% and 9% of women experience abuse during pregnancy.
 - Individuals may have lifelong consequences, including emotional trauma, lasting physical impairment, chronic health problems, and even death.
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Prevention

Research indicates that IPV is most prevalent in adolescence and young adulthood and then begins to decline with age, demonstrating the critical importance of early prevention efforts.



Resources

Intimate partner violence (IPV) is a serious problem that has lasting and harmful effects on individuals, families, and communities. CDC's goal is to stop IPV from happening in the first place.

Prevention efforts should ultimately reduce the occurrence of IPV by promoting healthy, respectful, nonviolent relationships. Healthy relationships can be promoted by addressing risk and protective factors at the individual, relationship, community, and societal levels.

Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices

<https://www.cdc.gov/violenceprevention/intimatepartnerviolence/resources.html>





Centers for Disease Control and Prevention

CDC 24/7: Saving Lives, Protecting People™

Strategy & Approach:

Teach safe and healthy relationship skills

- Social-emotional learning programs for youth
- Healthy relationship programs for couples

Engage influential adults and peers

- Men and boys as allies in prevention
- Bystander empowerment and education
- Family-based programs

Disrupt the developmental pathways toward partner violence

- Early childhood home visitation
- Preschool enrichment with family engagement
- Parenting skill and family relationship programs
- Treatment for at-risk children, youth and families

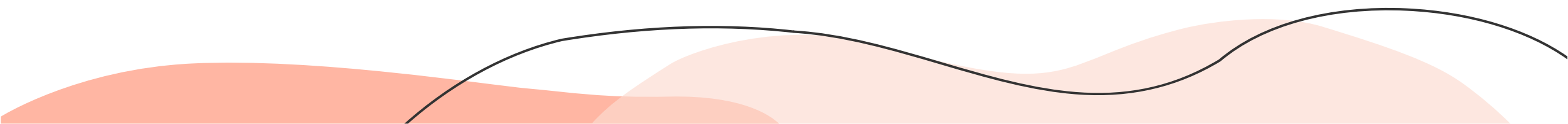
Create protective environments

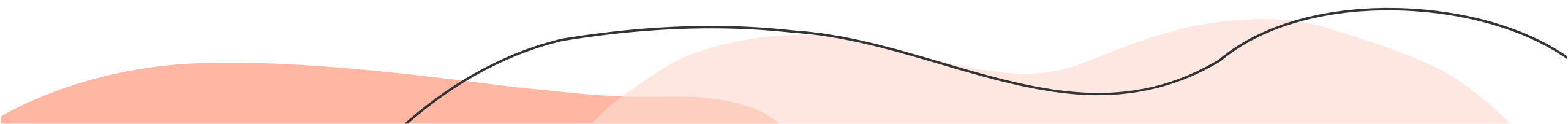
- Improve school climate and safety
 - Improve organizational policies and workplace climate
 - Modify the physical and social environments of neighborhoods
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Strengthen economic supports for families

- Strengthen household financial security
- Strengthen work-family supports

Support survivors to increase safety and lessen harms

- Victim-centered services
 - Housing programs
 - First responder and civil legal protections
 - Patient-centered approaches
 - Treatment and support for survivors of IPV, including TDV
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- The medical community can play a vital role in identifying women who are experiencing IPV and halting the cycle of abuse through screening, offering ongoing support, and reviewing available prevention and referral options.
 - Health care providers and community workers are often the first professionals to offer care to women who are abused.
 - The U.S. Department of Health and Human Services has endorsed the Institute of Medicine's recommendation that IPV screening and counseling be a core part of women's health visits.
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What are some potential risk factors for IPV?

- Depression, anger, hostility
- Inadequate weight gain
- Inconsistent pre-natal care
- Low self-esteem
- Mental health problems
- Poor nutrition
- Substance use

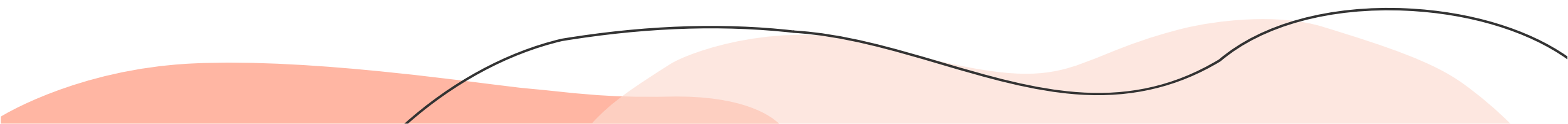


Support

There are a number of policies and programs aimed at strengthening economic supports with evidence of impact on risk factors for IPV.



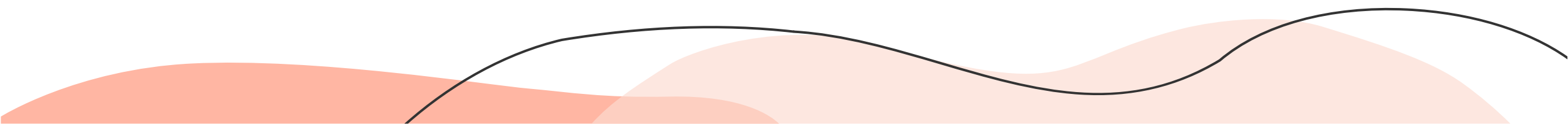
Policies

- The business and labor sectors, as well as government entities, are in the best position to establish and implement policies to Strengthen Economic Supports and Create Protective Environments in workplaces and community settings.
 - These are the sectors that can more directly address some of the community-level risks and environmental contexts that make IPV more likely to occur.
 - Public health entities can play an important role by gathering information, working with other agencies within the executive branch of their state or local governments in support of policy and other approaches, and evaluating the effectiveness of measures taken.
 - Further, partnerships with domestic violence coalitions and other community organizations can be instrumental in increasing awareness of and garnering support for policies and programs affecting women, children, and families.
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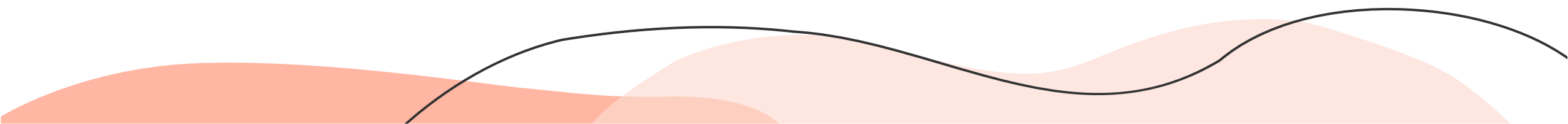
Programs - Treatment

CHOICE - Change, Hope, Overcome, Inspire, Compassion, Educate

Community Health Network – Women’s Product Line

- Legacy (Delivery through 13 months)
 - Inpatient Initiations
 - Individualized Recovery
 - Resolution of Barriers to Recovery
 - Ambulatory Services (OB/GYN and Recovery/MAT)
 - 5 Locations: Anderson, East Indianapolis, Kokomo (via telehealth), South Indianapolis, Mooresville (July 2022).
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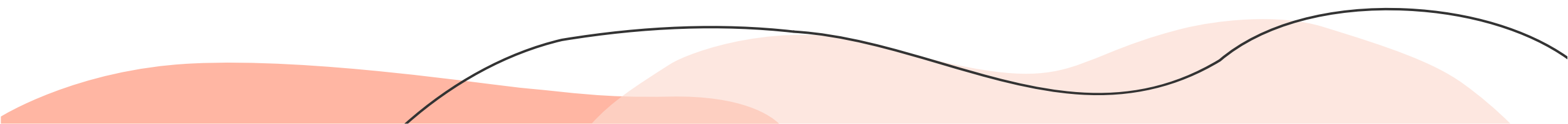
OB Based Detox and Initiation

- Inpatient admission to labor unit
 - Average length of stay is 4 days
 - Private room/bathroom
 - Offered 24/7
 - Safety and discharge planning
 - Catch up OB care
 - Staff trained in trauma informed care
 - Take home Narcan kit
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Choice Team

- Providers
- Nurse Navigation
- Peer Recovery
- Social Work/Care Coordination
- Therapists
- Nursing
- Ambulatory office staff

We:

- Are never full
 - See patients quickly
 - Resolve barriers to care
 - Give lots of chances
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CHOICE

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Indiana Pregnancy Promise Program

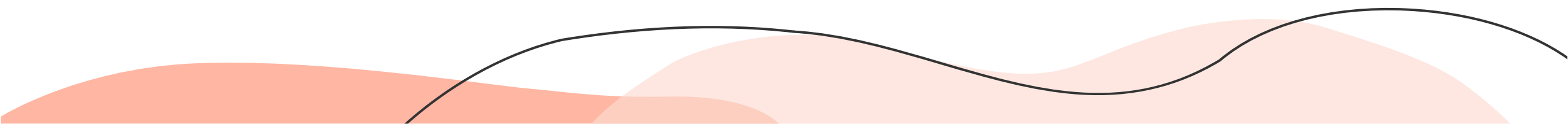
Promoting Recovery from Opioid use: Maternal Infant Support and Engagement

A part of the U.S. Centers for Medicare & Medicaid Services Maternal Opioid Misuse grant

What is the Indiana Pregnancy Promise Program?

The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past.

The goals of the Pregnancy Promise Program are for participants to:

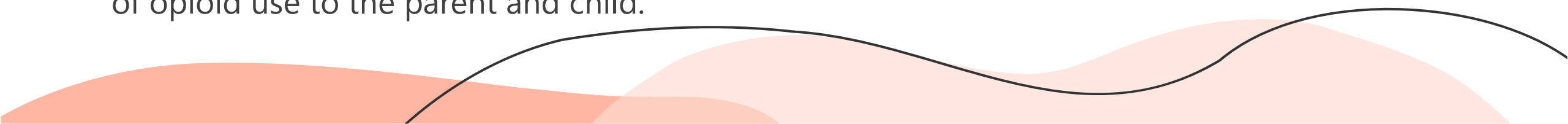
- Enter prenatal care
 - Access opioid treatment needed to achieve sustained recovery
 - Receive ongoing support and follow-up care for the mother and infant during and after pregnancy
 - Provide hope and set a strong foundation for the future
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Who can participate?

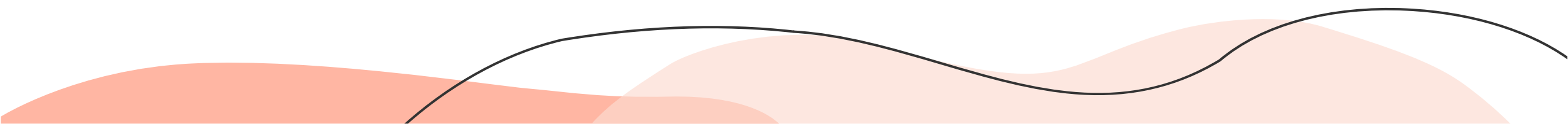
The Pregnancy Promise Program is available to pregnant individuals in the state of Indiana. To be eligible, participants must meet the following criteria:

- Pregnant or within 90 days of the end of pregnancy
- Identify as having current or previous opioid use
- Be eligible for or receive Medicaid health coverage

What are the Pregnancy Promise Program Benefits?

- Connection: Participants in the Pregnancy Promise Program will be matched with a case manager. Case managers will offer confidential support during enrollment to be sure parents and infants receive the care and resources they need during and after pregnancy to be healthy and well.
 - Coordination: Pregnancy Promise Program case managers will work with participants and their team of doctors and providers to coordinate care and identify community resources for families.
 - Prevention: By connecting pregnant individuals with health care and treatment as early as possible, the Pregnancy Promise Program aims to reduce and prevent the negative impacts of opioid use to the parent and child.
- 

Voice of Participants:

- With the Indiana Pregnancy Promise Program I felt treated like a human, I felt like someone was listening to me.
 - Prior to IN Pregnancy Promise Program I had miscarriages. This program helped me get treatment and I'm in love with my baby. I am working on housing and employment. I even got help going to the dentist.
 - Because of Pregnancy Promise Program, I would like to take classes to become a Peer Recovery Coach
 - **I was able to leave a violent situation with my baby and go to a safe community with my infant. This program allowed me to get childcare while I work on safety, stability and recovery.**
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Pregnancy Promise

To make a referral for yourself or someone you know: Visit:

PregnancyPromise.in.gov

Email: PregnancyPromise@fssa.in.gov, or

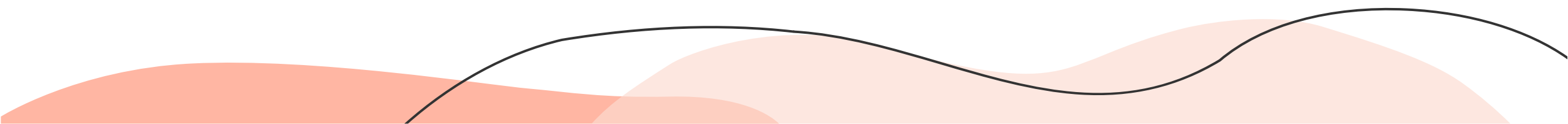
Call: 317-234-5336 or toll-free 888-467-2717



Circle of Recovery for Families

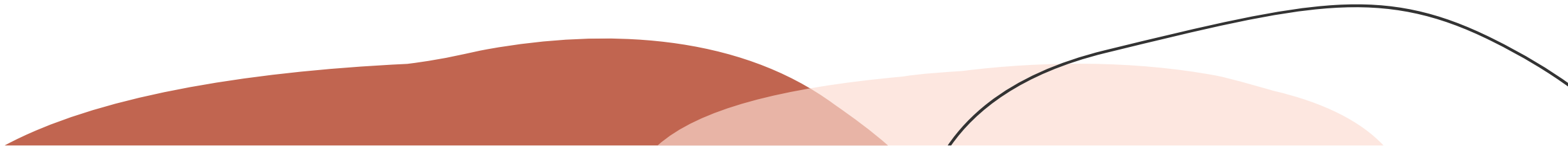
A Multidisciplinary Longitudinal Program for Pregnant Patients and Families Affected by Substance Use Disorders at Eskenazi Health

Objectives:

- Understand risk factors, prevalence, and comorbidities of opioid use disorder in pregnancy
 - Discuss the basic principles of care for pregnant patients with opioid dependence and newborns with opioid exposure in utero
 - Describe why a non-judgmental, harm-reduction based, and family-centered approach is preferred
 - Outline the ideal elements of a family-centered, longitudinal model and why it promotes recovery
 - Imagine how advocacy and empowerment translate from the family to the community
 - Brainstorming and questions
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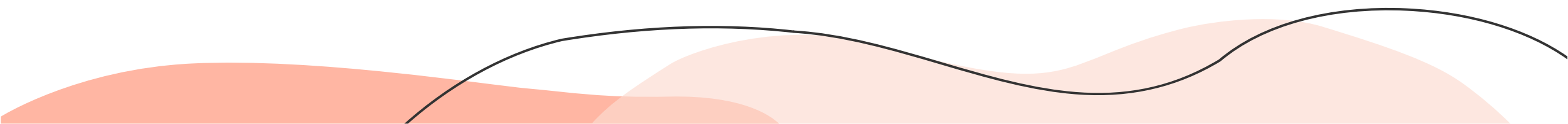
Circle of Recovery for Families

Sarah Gopman, MD
Family Medicine, Maternal and Child Health,
Addictions Medicine Eskenazi Health
Assistant Professor - IU School of Medicine

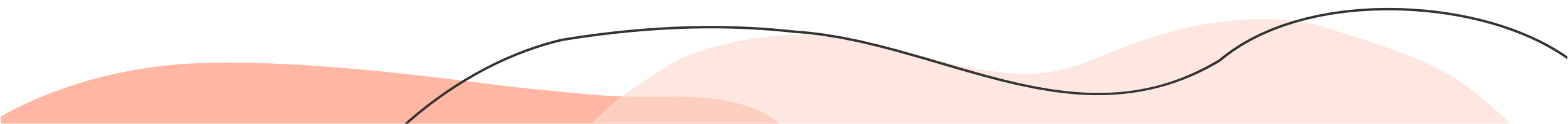


Programs - Housing

Dove House

- It's FREE!
 - No rush to get a job
 - Minimizing external distraction
 - Prioritizing evidenced based practice in all services provided
 - Peer recovery oriented • Treating the whole person using multidimensions of individual wellness
 - Example: Motherhood vs. "focus on you"
 - Prioritizing staff competence, and seeing this as an ongoing need – emphasis on high performance team
 - Largest Transitional Recovery Residence for Women in Marion County-Considered Best Practice by Governors office and Department of Mental Health & Addiction
 - Serves 40 women nightly
 - INARR Residence Level 4
- 

Program Model Includes

- Trauma Informed Therapy
 - Skilled staff who understand the distinct needs of women in recovery
 - 30 day 'be still' period
 - FREE (after client begins working, 30% of income is required for rent)
 - Comprehensive case management focused on goal outcomes and behavior modification •
 - Minimum stay of 90 days or up to 2 years
 - DMHA Certified IOP
 - 24/7 Paid, awake staff
 - MAT supported
 - Peer Recovery
 - Steps to Success
 - 73% success rate=employed, sober, housing stable, reunited with family & friends
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Dove House

Wendy Noe, CEO

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317.972.4584



Overdose Lifeline, Inc.

Indiana nonprofit on the front-lines of the opioid epidemic since 2014

- Advocacy
- Harm Reduction
- Training + Education
- Youth Prevention + Education
- Support

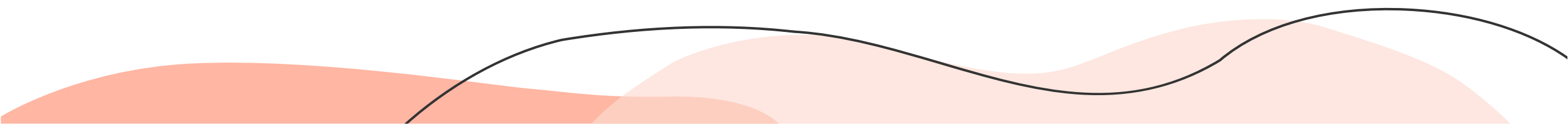
www.overdoselifeline.org

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Holistic Recovery House for Women and Children

The Overdose Lifeline (ODL) Holistic Women's Recovery Residence Program is designed to help women, women who are pregnant and parenting women in recovery from substance use disorder.

There is a critical shortage of residential and coordinated community services for women with addictions and substance misuse in Marion County. The Holistic Recovery Center for Women and Children (hereafter, Recovery Center) will respond to this gap in services, the substance misuse crisis, and the concurrent socioeconomic impacts through a residential and community service model for women to include pregnant and parenting women.



Overdose Lifeline

Education | Advocacy | Support

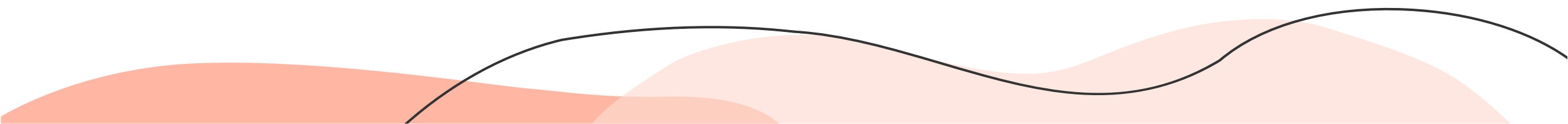
Visit overdoselifeline.org

844.554.3354



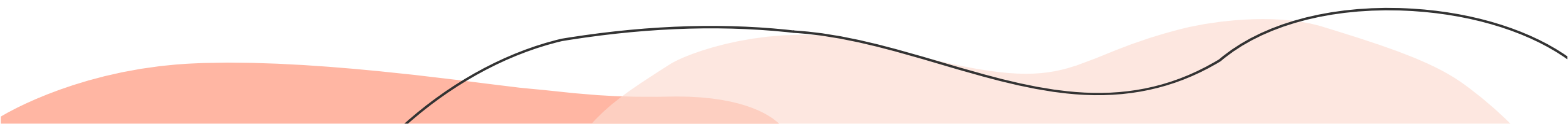
Fresh Start Recovery Centers

Volunteers of America

- Begin assisting women and their children in 2015
 - Serves women with or without DCS cases
 - Serves pregnant women
 - Serves women with or without children
 - High intensity residential substance use disorder treatment for pregnant women and mothers
 - Can have up to two children with her ages 5 and under
 - Target moms with newborns
 - Parenting support and skills training
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Our Mission

Develop an intervention to

- Address the deadliest addiction crisis in recent history
 - Address the foster care crisis
 - Address the incredible increase of babies testing positive for opiates and other substances at birth
 - Ensure moms receive treatment while with child/children - no separation
 - Break the multigenerational addiction pathway that our families have been experiencing for decades
 - Provide treatment for individuals involved in the child services and/or criminal justice systems
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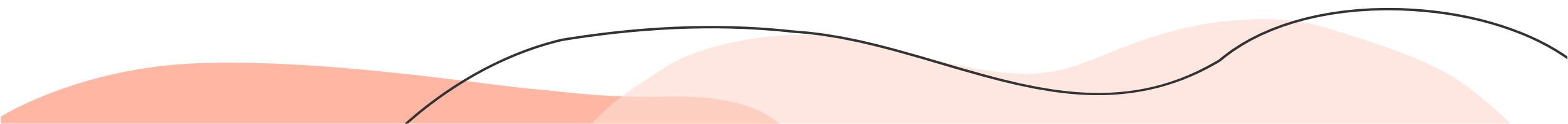
Fresh Start Recovery Centers

Kevin Moore
Sr. VP/Behavioral Health
Operations

Kevin.moore@voahin.org



Programs - Hamilton County Jail

- Each woman entering the jail who is pregnant is handled on a patient-to-patient basis depending on the term of their pregnancy.
 - Women in their first trimester are usually able to stay in the common area and women who are further along will be kept in the medical unit onsite.
 - It is a statewide mandate that all women who are pregnant entering jail are set up with medication assisted treatment for OUD. Most counties will refer out to other programs in their area depending on availability.
 - Hamilton County Jail works closely with Community North Hospital CHOICES program during and after release.
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Refuel Wellness

Introduction

Refuel Wellness is a mindfulness-based program to empower women to live their best life by providing a holistic pathway to health, wellness and recovery. We build a vision of wellness, set goals, journal, read books (Pathway to Freedom), participate in guided meditations with light yoga on mats and enjoy healthy snacks!



Refuel Wellness – Voice of Participant



"I am a strong sober woman of God that is breaking free of the cycle of pain and addiction, embracing forgiveness and becoming the strong successful woman I am meant to be. I know that things may not always be easy, but I know that is will always be worth the hard work, because for the first time in my life I know that I am worth it. I will live every day with hope and excitement for what the next day will bring. I am embracing this transformation and renewal of myself. I am not perfect, I never will be, but I am enough, and I am complete."

Jennifer Bellah - Hamilton County Jail, release date 9/28/22

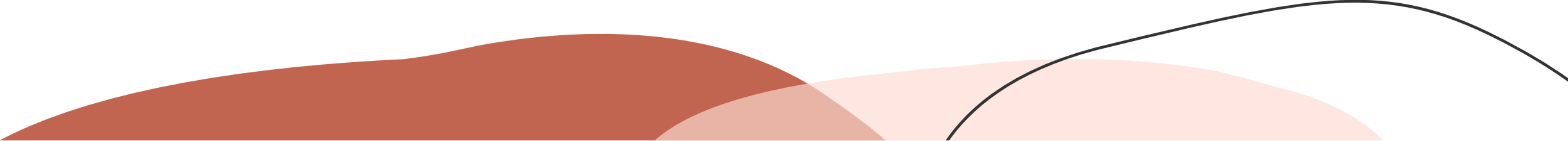
"When I first started this program, I didn't know what I was going to do when I got out of jail. I had no home to go to, my boyfriend of 6 years was still using plus it was an abusive relationship. I was going to go back to the same life. Today, I have hope for the future and I have a plan. I am in recovery, and I am in a good place mentally thanks to the Refuel Wellness class. I know I can build my life back."

Jennifer Bellah
Release date 9-28-22

Hamilton County Jail

Kelly Gunn
Program Coordinator
TOWER Re-entry program
Hamilton County Community
Overdose Prevention Efforts Program

Abby Landes, RN
Health Services Administrator
317.776.9800 - option 4 for medical





Questions & Answers



Thank You!

Please reach out if you have any additional questions or would like to get more information.

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