

# Maternal Mortality Prevention & Intimate Partner Violence



## AN OVERVIEW OF INTIMATE PARTNER VIOLENCE

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## Today's Agenda

- What is Intimate Partner Violence?
- Types, Tools & Tactics
- Cycle of Violence
- Risk & Protective Factors for Experiencing Intimate Partner Violence
- Common Signs & Symptoms
- Resources for Health Care Providers



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## What is Intimate Partner Violence (IPV)?

Any abusive or coercive act used to **gain and maintain power and control** over an intimate partner

A **pattern of behavior** exercised throughout the relationship

May occur regardless of race, age, sexual identity, socioeconomic level, education background etc...

Results in the survivor changing their behavior.



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## Just a few facts...

- An estimated 324,000 pregnant people in the US are physically assaulted by their intimate partner each year.
- Women abused during pregnancy are more likely to delay initiation of prenatal care and more likely to receive no prenatal care at all.
- Women who experience IPV are about 3X more likely to suffer perinatal death than women who do not experience IPV.
- 63% of female homicide victims were killed by an intimate partner in cases where the victim knew the perpetrator.
- Homicide is a leading cause of death for pregnant and postpartum women, accounting for 31% of maternal injury deaths.
- Infants exposed to IPV can show signs of trauma, including eating problems, sleep disturbances, higher irritability, and delays in development.



<https://www.nationalpartnership.org/our-work/health/moms-and-babies/intimate-partner-violence.html>

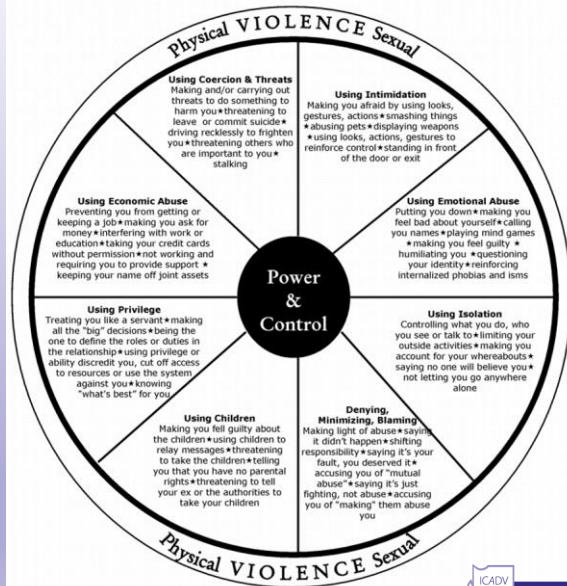
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## Types of Violence;

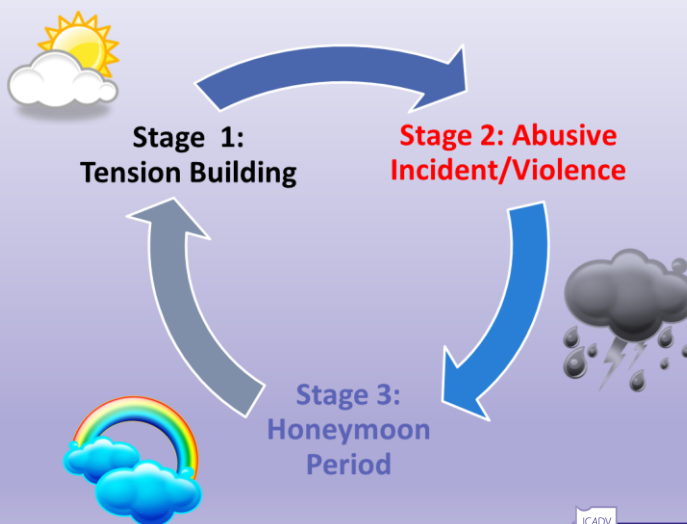
- Verbal Violence
- Emotional / Psychological Violence
- Economic Violence
- Sexual Violence
- Physical Violence

Adapted; Domestic Abuse Intervention Project, Duluth, MN



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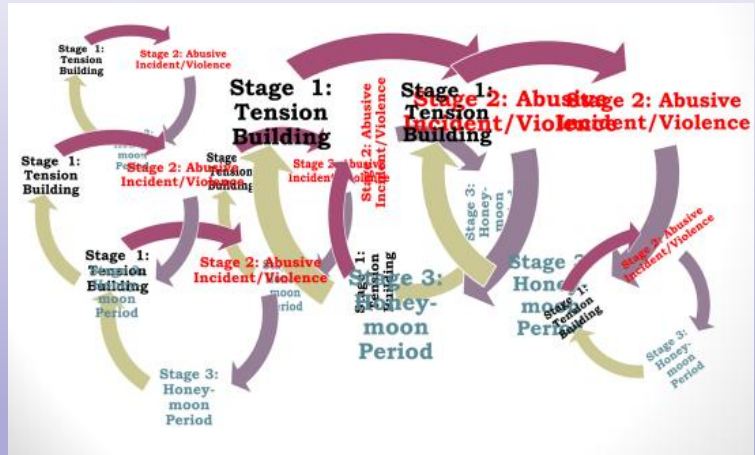
## Cycle of Violence



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It is actually..  
Cycles of cycles of cycles of cycles



# Risk Factors for Intimate Partner Violence

Individual Risk Factors	Relationship Risk Factors	Community Risk Factors	Societal Risk Factors
<ul style="list-style-type: none"> <li>• Witnessing violence between parents as a child</li> <li>• History of experiencing poor parenting or physical discipline as a child</li> <li>• Jealousy or possessiveness regarding partner</li> </ul>	<ul style="list-style-type: none"> <li>• Dominance / control of the relationship by one partner over the other</li> <li>• Financial stress and conflict</li> <li>• Unhealthy family relationships / interactions</li> </ul>	<ul style="list-style-type: none"> <li>• High rates of unemployment &amp; poverty</li> <li>• High rates of violence in general</li> <li>• Weak community sanctions ie unwillingness of neighbors to intervene</li> </ul>	<ul style="list-style-type: none"> <li>• Rigid gender roles</li> <li>• Gender inequity</li> <li>• Norms that support aggressive behavior towards others</li> <li>• Weak health, education, economic and social policies</li> </ul>



# Protective Factors Against Intimate Partner Violence

## Relationship Protective Factors

- Strong familial and social support networks
- Stable positive relationships with other individuals outside of intimate partner

## Community Protective Factors

- Neighborhood connectedness
- Access to safe stable housing
- Access to appropriate medical and mental health care
- Access to economic assistance
- Coordination of resources and services among community



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What are you going to see?

## Survivor Impacts of Intimate Partner Violence

### •Physical Impacts

- Traumatic injury~ bruises, broken bones, weapon-inflicted injuries
- Psychosomatic Symptoms; Headaches, Muscle pain, Gastrointestinal disorders
- Mismanaged chronic health conditions
- Gynecological issues;
  - Intentional exposure to STIs
  - Trauma resulting from sexual coercion or assault
  - Reproductive coercion or birth control sabotage
- Pregnancy problems;
  - Poor weight gain during pregnancy
  - Anemia
  - Infection
  - Inadequate prenatal care
  - Preterm delivery
  - Assault during pregnancy causing fetal injury



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What are you going to see?

## Survivor Impacts of Intimate Partner Violence

### •Psychological & Emotional Impacts

- Depression
- Anxiety
- Low self-esteem
- Post Traumatic Stress Disorder
- Substance Use Disorder
- Fear of intimacy
- Suicidal ideation



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What are you going to see?

## Survivor Impacts of Intimate Partner Violence

### •Social Impacts

- Lack of support network
- Difficulty maintaining relationships
- Restricted access to resources and information



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RESOURCES  
FOR  
MEDICAL  
PROVIDERS

- Indiana Coalition Against Domestic Violence  
[www.icadvinc.org](http://www.icadvinc.org)  
(317)917-3685 or (800)332-7385
- Futures Without Violence  
[www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)

