

# Maternal Mortality Prevention & Intimate Partner Violence



## AN OVERVIEW OF INTIMATE PARTNER VIOLENCE

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## Today's Agenda

- What is Intimate Partner Violence?
- Types, Tools & Tactics
- Cycle of Violence
- Risk & Protective Factors for Experiencing Intimate Partner Violence
- Common Signs & Symptoms
- Resources for Health Care Providers

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## What is Intimate Partner Violence (IPV)?

Any abusive or coercive act used to **gain and maintain power and control** over an intimate partner

A **pattern of behavior** exercised throughout the relationship

May occur regardless of race, age, sexual identity, socioeconomic level, education background etc...

Results in the survivor changing their behavior.



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## Intimate Partner Violence in Indiana...

- On one day - Sept 9, 2021- 2,865 Hoosiers were served by Indiana domestic violence programs. 1,040 adults and children were served in shelters and transitional programs. 1
- 418 survivors could not be served due to lack of resources, but 94% of those requests were for housing resources. 1
- From July 1, 2021 – June 30, 2022, 77 individuals in Indiana died as a result of intimate partner violence.
  - For that time period 2020/21, we experienced a 180% increase in ipv-related fatalities (98). While the overall number fell, we are still well above our 'average' of 62.



1. Indiana Coalition Against Domestic Violence, 2020 Domestic Violence Counts Indiana Summary, <https://nncdv.org/wp-content/uploads/2022/03/16th-Annual-Domestic-Violence-Counts-Indiana-Summary-FINAL.pdf>

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# Just a few facts...

- An estimated 324,000 pregnant people in the US are physically assaulted by their intimate partner each year.
- Women abused during pregnancy are more likely to delay initiation of prenatal care and more likely to receive no prenatal care at all.
- Women who experience IPV are about 3X more likely to suffer perinatal death than women who do not experience IPV.
- 63% of female homicide victims were killed by an intimate partner in cases where the victim knew the perpetrator.
- Homicide is a leading cause of death for pregnant and postpartum women, accounting for 31% of maternal injury deaths.
- Infants exposed to IPV can show signs of trauma, including eating problems, sleep disturbances, higher irritability, and delays in development.



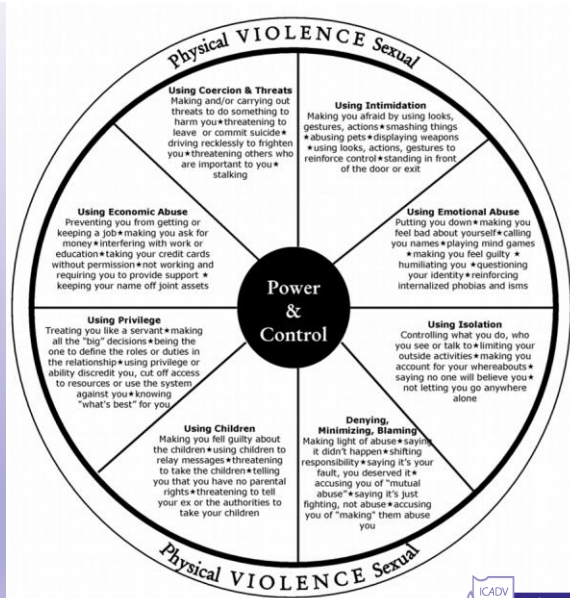
<https://www.nationalpartnership.org/our-work/health/moms-and-babies/intimate-partner-violence.html>

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## Types of Violence;

- Verbal Violence
- Emotional / Psychological Violence
- Economic Violence
- Sexual Violence
- Physical Violence

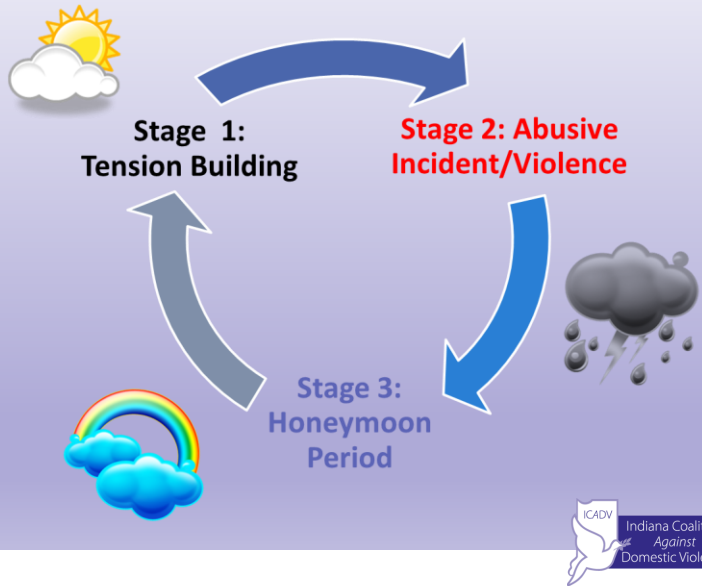
Adapted; Domestic Abuse Intervention Project, Duluth, MN



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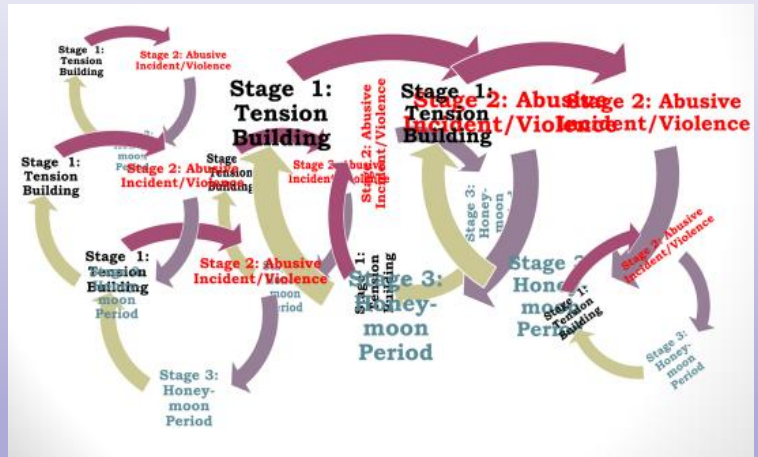


# Cycle of Violence



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It is actually..  
 Cycles of cycles of cycles of cycles



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# Protective Factors Against Intimate Partner Violence

## Relationship Protective Factors

- Strong familial and social support networks
- Stable positive relationships with other individuals outside of intimate partner

## Community Protective Factors

- Neighborhood connectedness
- Access to safe stable housing
- Access to appropriate medical and mental health care
- Access to economic assistance
- Coordination of resources and services among community



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What are you going to see?

## Survivor Impacts of Intimate Partner Violence

- *Physical Impacts*
  - Traumatic injury~ bruises, broken bones, weapon-inflicted injuries
  - Psychosomatic Symptoms; Headaches, Muscle pain, Gastrointestinal disorders
  - Mismanaged chronic health conditions
  - Gynecological issues;
    - Intentional exposure to STIs
    - Trauma resulting from sexual coercion or assault
    - Reproductive coercion or birth control sabotage
  - Pregnancy problems;
    - Poor weight gain during pregnancy
    - Anemia
    - Infection
    - Inadequate prenatal care
    - Preterm delivery
    - Assault during pregnancy causing fetal injury



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What are you going to see?

### Survivor Impacts of Intimate Partner Violence

- *Psychological & Emotional Impacts*
  - Depression
  - Anxiety
  - Low self-esteem
  - Post Traumatic Stress Disorder
  - Substance Use Disorder
  - Fear of intimacy
  - Suicidal ideation



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What are you going to see?

### Survivor Impacts of Intimate Partner Violence

- *Social Impacts*
  - Lack of support network
  - Difficulty maintaining relationships
  - Restricted access to resources and information



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## As Survivors Tell It....

 <p><b>HOUSING</b> Increase the availability of safe, stable and affordable housing.</p>	 <p><b>ASSISTANCE</b> Expand eligibility for social safety net programs, including increasing income limits, and allowing supports for immigrants and survivors with criminal histories.</p>
 <p><b>ACCEPTANCE</b> Educate communities about the dynamics of domestic violence so people are prepared to help; and to reduce the judgment and stigma around the problem.</p>	 <p><b>NEIGHBORHOOD SAFETY</b> Promote neighborhood safety and connectedness with things like neighborhood watch programs and free activities that bring neighbors together.</p>
<p><b>\$ FINANCIAL STABILITY</b> Work on things like living wages, education and job training opportunities, increasing minimum wage and addressing the gender pay gap.</p>	



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WHAT DO SURVIVORS NEED

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Taken from ICADV's ReCentering Report – available here; <https://indd.adobe.com/view/0dcae95f-5d8d-49fa-a515-b31d537639f2>



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RESOURCES  
FOR  
MEDICAL  
PROVIDERS

- Indiana Coalition Against Domestic Violence  
[www.icadvinc.org](http://www.icadvinc.org)  
(317)917-3685 or (800)332-7385
- Futures Without Violence  
[www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)

